

## OATS #5 (2024-25)

### Impromptu Speaking

*Students will submit two videos. Impromptu prompts will be quotations from marginalized groups.*

*We trust all students and coaches to adhere to Limited Prep guidelines and ethical competition choices for preparation. Please include prep time in Impromptu videos (this can make starting the video camera easier for students, and assessing time allocation possible for judging). All Impromptu judges will be reminded to allow an initial 15 seconds for competitors to read the quotations, before beginning time.*

#### Video 1

It's so important to think positive. It's easy to get discouraged and be negative.

**Gladys Burrill**

oldest female to compete in a marathon, age 92

The flag drops, the bullshit stops, and away we go.

**Rosemary Smith**

oldest person to race a Formula 1 car, age 79

#### Video 2

Dreams, even if they don't come true, are important.

**Barbara Hillary**

first black woman to reach the North Pole, age 75

I don't dwell on my age. It might limit what I can do.

**Leo Plass**

oldest college graduate, age 99